




Roasted Asparagus

 Feb 8, 2023

4 servings

Ingredients:

1 pound of asparagus, hard bottoms snapped or cut off

1/4 cup vegetable oil

Zest from 1 lemon

Sea salt and black pepper to taste

Instructions:

Pre-heat oven to 450 degrees Fahrenheit.

Place asparagus on sheet pan in a single layer.

Drizzle with oil, salt, pepper and lemon zest.

Roast in oven for 5 minutes or until bright green.

